



**International Diving Association**

**Member of CMAS Germany e.V.**

**Examination Guidelines**

**for Dive Instructors**

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## Contents

Foreword	3
General	3
Instructor-Examinations	4
Crossover Examinations	4
Special Guidelines for Associated Organisations	5
Special Courses	5
Special Brevets	6
Validity	7
Miscellaneous	7
Abbreviations	7
<b>IDA-Instructor (Instructor)</b>	
1. Assistant Instructor	8
2. Open Water Instructor (*)	10
3. Master Instructor (**)	14
4. Chief Instructor (***)	17
5. Course Director / Instructor (****)	20
6. Apnoe Instructor	21
7. Apnoe Instructor Examiner	24
8. Nitrox Instructor	25
9. Nitrox Instructor Examiner	27



## **Foreword**

The aim of the International Diving Association IDA is to train divers and instructors world-wide according to equal standards in correspondence with all technical and safety regulations. In order to unify the divers´ and instructors' training programs, IDA established its training program in accordance with those of CMAS and by the membership in CMAS Germany e.V. underlined this understanding.

All instructors of any associated organisation within CMAS Germany e.V. are automatically CMAS instructors.

IDA recommends their divers and instructors the material used by CMAS Germany e.V. for their studies.

Any specific material will be developed by IDA and offered to those instructors being IDA members.

## **General**

Only IDA instructors and instructors of any associated organisation within CMAS Germany e.V. guaranty a unified training at any of IDA's diving bases or diving schools.

The trainers at any IDA-base or IDA-diving-school are obliged to only use diving equipment and train all divers following the technical and safety regulations of the country.

In case of missing or insufficient regulations of the specific country, trainers are obliged to follow the regulations valid in Germany.



### **Instructor-Examinations**

An instructor is only allowed to pass the examinations, if all needed documents are shown in advance.

In order to become instructor of the International Diving Association, the candidate has to pass one of the IDA instructor examinations successfully. This examination could be an ITC or, in case of already examined instructors of other associations, a cross-over examination.

There are no other possibilities to keep the IDA instructors status than mentioned above.

The examination board will be called up by IDA and consists of at least 2 instructors\*\*\*/\*\*\*\*, one of which must at least be an instructor\*\*\*\*. At a maximum only 4 candidates are allowed per instructor.

### **Crossover-Examinations**

NAUI-, PADI-, VDTL-, PDIC(US)-, and SSI-instructors can participate in an IDA-Crossover. This possibility of passing a crossover will only be offered to brevet stages instructor\* and instructor\*\*. The future instructor\*\*\* has to pass the complete instructor's examination in view of his strong work for his association.

This is to advise that the crossover is an **Examination** and not just a course.

Besides the lessons, which inform the future IDA instructors, a theory examination and teaching presentation which is drawn for in advance have to be passed.

Furthermore, the candidate has to complete two dives in which he should demonstrate his ability to guide a diving starter securely.

A main sight is kept on the pre- and debriefing, buddy check and environmental behaviour above and under water, the beginners' safety as well as knowledge about the procedure of the rescue chain.

This cross over examination will last for 3 days.

Once the IDA instructor status has been reached, there is no chance to get an IDA instructor status of higher value by any crossover of another associated organisation. Reaching a higher level is only possible by passing the complete instructor's examination!



### **Special Guidelines for Associated Organisations**

Guidelines for instructors of associated organisations of CMAS Germany e.V.:

- Instructor\* will receive a certification for IDA Instructor\* .
- Instructor\*\* can qualify for IDA Instructor\*\* by a crossover examination.
- Instructor\*\*\* can qualify for IDA Instructor\*\*\* by passing an IDA Instructor examination (ITC).

### **Special Courses**

After successful examination, an IDA-Instructor\* is allowed to begin teaching following special courses:

- SC Underwater navigation
- SC Group leading
- SC Night diving

After successful examination, an IDA-Instructor\*\* is allowed to begin teaching following special courses:

- SC Underwater navigation
- SC Group leading
- SC Night diving
- SC Rescue
- SC Dry suit diving
- SC Drift diving
- SC Wreck diving
- SC Sea cavern diving
- SC Medical-practice
- CPR-Cardiopulmonary Resuscitation
- O2-Course

Before an IDA instructor can offer IDA-special-courses, he has to apply for teaching these courses and has to proof that he has the qualification to do so.

The circumstance that IDA examination will be held world-wide leads to a restriction of practical state of knowledge. Therefore, the IDA-head office reserves the right to review practical knowledge in every single case.

In order to receive an IDA teaching certificate for any special diving course, the candidate has to send a complete and well declared documentation to the IDA head office.

The head office checks this documentation and in co-operation with the candidate and edit all defaults. After such successful application, the candidate has to send his instructor pass to the IDA head office for certification. The candidate now is allowed to hold and certify special courses as certified.



The a.m. guidelines are only valid for following common special courses:

- SC Apnoe 1 and 2
- SC Technique
- SC Ice diving
- SC Deep diving (40 m)
- SC Altitude diving
- SC Under water photography

Here is a list of special courses offered by IDA:

- SC Underwater navigation
- SC Group leading
- SC Night diving
- SC Rescue
- SC Dry suit diving
- SC Drift diving
- SC Wreck diving
- SC Sea cavern diving
- SC Medical practice
- SC Apnoe 1 and 2
- SC Technique
- SC Ice diving
- SC Deep diving (40 m)
- SC Altitude diving
- SC Under water photography

### **Special Brevets**

Special brevets, for example Apnoe-, Rebreather- or Nitrox diving, are not available for application by a.m. offer.

There is an absolute need for extensive theoretical and practical training of these skills and, therefore, no way of passing any examination as mentioned under special courses.

For further information see the IDA requirements for certification – Apnoe-Nitrox.



### Validity

The IDA instructor pass is only valid with two signatures of IDA-general managers.

**The IDA-instructor licences I1-I3 are only valid for 4 years.**

These licences will be prolonged under following premises:

**1. Alternative**

- 30 lessons instructor training within the last 4 years (at least 1 instructor-meeting and at least 1 medical course)
- Proof of any IDA instructor activities (Certification of at least 30 IDA/CMAS courses or special courses)
- IDA membership
- Valid medical fitness certificate for sport divers

**2. Alternative**

- Theoretical examination within the last 4 years
- Proof of any IDA instructor work (Certification of at least 20 IDA/CMAS courses or special courses)
- IDA membership
- Valid medical fitness certificate for sport divers

Licences which are not valid for a time under 1 year can be prolonged. Licences which are not valid for more than 1 year, will only prolonged after application by the diving club/diving school, the instructor is currently working for.

### Miscellaneous

Any failure or deficiency in training will lead to the instructor's exclusion without notice, if there is any proof that the instructor is guilty.

IDA will take over a control function.

### Abbreviations

IDA	=	International Diving Association
CMAS	=	Confédération Mondiale des Activités Subaquatiques
CPR	=	Cardiopulmonary Resuscitation
SC	=	Special Course
I	=	Instructor
ITC	=	Instructor Training Course
CD	=	Course Director



## Assistant Instructor

### **Premises**

- Minimum age 18.
- IDA-Membership.
- IDA / CMAS\*\*\*.
- Minimum 80 dives whereof minimum 40 in the sea.
- Valid medical fitness certificate for sport divers – validity exceeding 6 months.
- Attendance of a medic first aid course incl. cardiopulmonary resuscitation.

### **Application**

One IDA instructor has to apply for the candidate at the association.

Every candidate can also join a diving school/diving base not belonging to IDA and work as assistant instructor.

The IDA instructor also applies for his assistant to pass the instructors examinations.

### **Carrying out**

The assistant instructor will be trained by an IDA instructor in an IDA-diving school/diving base. This training will last 6 months in the inland and at least 6 weeks abroad. This training has to enclose 60 dives at minimum.

The IDA instructor, who has experience for more than 12 months as manager of a diving base and is responsible for leading this base, will accompany the candidate until he is ready to pass the examination. In his position as manager he is responsible for a good and complete training of high value.

It is up to the decision of the IDA instructor when the candidate will be ready for his examinations.

The training of an assistant instructor contains at least the scores of the actual IDA training plan for assistant instructors.



### **Authorisation**

The IDA assistant instructor is authorised to work for and at an IDA diving school/diving base or any other base co-operating with IDA and prepare his instructor examination.

He is also authorised to accompany the training lessons of the instructor in charge and upon his instruction carry out certain parts of the training on his own as well as certify the following courses:

- Discover Scuba dives
- Junior Diver - Flipper 1
- Junior Diver - Flipper 2
- Skin Diver 1
- Skin Diver 2
- IDA Resort-course
- IDA/CMAS elementary dive certificate
- IDA/CMAS Basic.

### **Obligation**

The IDA assistant instructor is obliged by his signature on the IDA licence application to accept and respect the IDA examination guidelines very carefully.

He is further obliged to extend his knowledge of diving in all respects and to give his knowledge to others.

The assistant instructor is also obliged to participate in an IDA instructor course (ITC-Instructor Training Course) within two years after his membership in said association.

During the time of his training to become an assistant instructor, the candidate has to monitor every training work in a training record (IDA printed form).

### **Additional**

In view of the variety and amount of other training associations for divers and instructors, IDA allows also assistant instructors who worked for and passed their trainee time in other associations, to participate in every IDA-course and IDA-examination. Specific IDA/CMAS-guidelines (e.g. latest deco table) have to be observed. IDA is of the opinion that this will serve the main idea of sport diving.



## **Open Water Instructor\* (I1)**

### **Premises**

- Minimum age 18.
- IDA-Membership.
- Presentation of a police document about his criminal record
- Valid medical fitness certificate for sport divers – not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation not exceeding 1 year.
- IDA assistant instructor licence
- The candidate must have successfully passed the examination for an IDA/CMAS \*\*\* or has to have an equivalent brevet by one of the other associations at least 1 year before his application for the instructor examination.
- 150 dives and thereof at min. 30 dives within the last 12 months after application and at least 6 dives deeper than 30 m.
- A certified participation as assistant (Speaker and „Examiner“) at an IDA/CMAS\* course incl. examination in theory and practice signed by an IDA instructor.
- Certified examination dives – certified by an IDA instructor (at least I2) as follows:
  - 2 dives as group member of examination dives for IDA/CMAS \*\*/\*\*\*.
  - 2 dives as group leader of examination dives for IDA/CMAS \*\*/\*\*\*, whereby the examination will be scored by an instructor.
  - 1 dive as “Examiner” for IDA/CMAS \*\*, whereby the examination will afterwards be scored by an instructor.
- The candidate is obliged to participate in the following preparatory courses:
- Diving medicine/rescue for instructors
- Technique for diving instructors
- Rhetoric, Methodology, Didactics for instructors
  - These courses will be offered by the IDA-academy several times per year.
  - Courses offered by other organisations which are of same content will also be accepted.
- All preparatory examination dives have to be certified and a confirmation has to be shown before any examination.
- The official driver licence for sport boats or any equivalent international brevet is strongly recommended.
- Participation at an instructor examination of the International Diving Association.



### **Application**

The IDA instructor has to apply for the candidate at the association.  
Skills or dives of the assistant instructor can be checked by the IDA instructor.

### **Examination**

All parts of this examination must be passed in the order theory – practice within 24 months.

### **Theory Examination**

If the performance at this theory examination is unsuccessful, there is a mandatory 6 weeks waiting period before attending the next instructor\* examination. The unsuccessful parts can be repeated during this next examination. In case the written part and one other examination part will not be passed successfully, the whole theory examination must be repeated.

### **Contents**

- Answering a questionnaire in writing.
- One short report of around 10 – 15 minutes about one topic assignment out of following themes: diving training, diving practice, diving physics, diving medicine, diving physiology, diving equipment as well as diving and environment. The candidate can choose two topics out of the different themes and prepare himself.
- The home report in double draw up will be handed out to the course director in charge. This home report should show the standard of an IDA/CMAS\*. A careful and professional making out will be expected. The report should not fill less than 10 DIN A4 pages. Drawings and sketches as well as folios should be included. This home report will be held in front of the examination commission during the diving examination and be scored by said commission.
- Demonstrating medical first aid skills in the rescue of divers who had an accident incl. handling of the various O<sub>2</sub>-systems. The candidate must demonstrate his ability to immediately give a diagnosis and undertake the corresponding medical first aid steps.

### **Practice Examination**

The practice examination will be executed either in the sea or in a lake with a depth of 40 meters. The lake or sea has to be around the diving school/diving base. The candidate is obliged to use a boat where minimum 8 people can find space – the boat has to be officially licensed.

If this part of the examination has been unsuccessfully passed, also the 5 already prepared examination dives (see premises) have to be repeated.



## Contents

Minimum 6 qualified dives within at least 5 following days whereof at least 2 of the 6 dives have to be done from the boat.

## Specifics

- 3000 meter transport of a diver who had an accident.
- 10 Meter Apnoe deep diving.
- 50 Meter Apnoe long distance diving.
- Approaching and recovery of a pressure tank loaded with 10Kg weights (performance of ascent **without buoyancy control devices**).
- 3 times 35 m distance approaching a pressure tank.
- Body breathing of 3 to 5 divers using one pressure tank.
- Controlled emergency ascent from 15 m water depth.
- Ascent with body breathing from 25 m water depth.
- 5 minutes dive without mask.
- Guiding of a diver (beginner will be examined CMAS\*).
- Guiding of a diver (beginner has an accident during his dive).
- Teaching presentation – under water navigation.
- Teaching presentation – ABC lesson.
- Teaching presentation - pressure tank lesson.
- Snorkelling in a group with complete diving equipment. The candidate as group leader should verify the co-operation of the group and the necessary safety.
- Demonstration of rescuing the buddy including a controlled transportation from a depth of 10 meters to the water surface by using all parts of the equipment, emergency signals at the surface, transportation to either the shore or the boat (approx. 50 meters) and demonstrate further skills at land or on board, medic first aid skills and starting further skills needed.



## Authorisation

Brevets:

- Discover Scuba dives
- Junior Diver - Flipper 1
- Junior Diver - Flipper 2
- Skin Diver 1
- Skin Diver 2
- IDA Resort-course
- IDA/CMAS basic diving certificate.
- IDA/CMAS Basic.
- IDA/CMAS \*.
- IDA/CMAS Apnoe \*

Special courses:

- SC Underwater navigation.
- SC Group leading.
- SC Night diving.

## Obligation

Training and passing the examinations following the IDA examination guidelines.

Use of recommended training materials.

Execution of several trainings per year.

Use of diving equipment being of the latest technical standard. In case of missing or insufficient standards abroad, use the German standard as basis.

Permanent further training and participation in further training courses for instructors.

The candidate is obliged to furthermore build up his diving knowledge in all aspects and areas and give his knowledge to other divers.



## **Master Instructor\*\* (I2)**

### **Premises**

- Minimum age 20.
- IDA-Membership.
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation not exceeding 1 year.
- Valid IDA instructor\*-licence including at least 1 year of active training work as IDA instructor\* and also including a course for IDA/CMAS\* on his own responsibility signed by an IDA instructor (at least I2) – or sign at least 6 IDA/CMAS\* and 4 special courses (complete examination) as responsible trainer.
- 300 dives and thereof at min. 30 dives within the last 12 months after application and at least 6 dives up to 40 meters.
- A certified participation as assistant (Speaker and “Examiner”) at an IDA/CMAS\*\*, IDA/CMAS\*\*\* or at a special course incl. in theory and practice signed by an IDA instructor (I\*\*).
- Participation at an instructor examination of the International Diving Association.
- The official driver licence for sport boats or any equivalent international brevet is strongly recommended.
- Recommendation to participate in a course at the IDA academy about how to organise courses.

### **Application**

The candidate applies in time for the examination by himself.

### **Examination**

All parts of this examination must be passed in the order theory – practice within 24 months.

### **Theory Examination**

If the performance at this theory examination is unsuccessful, there is a mandatory 6 weeks waiting period before attending the next instructor examination\*. The unsuccessful parts can be repeated during this next examination. In case the written part and one other examination part will not be passed successfully, the whole theory examination must be repeated.



## Contents

- Preparation of special courses at home and handing 2 copies out to the CD in charge. Courses can be prepared out of following themes:
  - SC Underwater navigation
  - SC Group leading
  - SC Night diving
- The home reports shall be prepared on such a level that any trainee (instructor\*-candidate) in front of which this report will be held is able to understand everything said and give this knowledge to others.
- A careful and professional making out will be expected.
- Depending on the amount of people attending, the instructor\*\*-candidate will hold one or two performances.
- It is possible, to make two reports out of one theme.
- The instructor\*\* candidate is obliged before the examination will start to prepare himself regarding diving safety. (Especially: before any dive, during any dive, after any dive or during a dive from the boat). A short report about one of the mentioned themes has to be given in place.
- Examination in theory – 8 questions including the whole complex of sport diving (answering the questionnaire in writing).
- One short report of about 10 – 15 minutes given by the course director about one topic assignment out of following themes: dive training, dive practice, dive physics, dive medicine, dive physiology, dive equipment as well as diving and environment. The candidate can choose two topics from the different themes and prepare himself.
- Demonstration of rescuing the buddy including a controlled transportation from a depth of 10 meters to the water surface by using all parts of the equipment, emergency signals at the surface, transportation to either the shore or the boat (approx. 50 meters) and demonstrate further skills correspondingly, medic first aid skills and starting further skills needed.

## Practice Examination

The practice examination will be executed either in the sea or in a lake with a depth of 40 meters. The lake or sea has to be in the area around the diving school/diving base. The candidate is obliged to use a boat where minimum 8 people can find space – the boat has to be officially licensed.

If this part of the examination has been unsuccessfully passed, also the 5 already prepared examination dives (see premises) have to be repeated.

## Contents of Examination

Minimum 6 qualifying dives within at least 5 following days whereof at least 2 of the 6 dives have to be done from the boat.



## Specifics

- Safety on board.
- Assisting an I3-candidate in organising the examination process.
- Leading an under water underwater navigation course.
- Organisation and leading dives by carrying out different skills (see instructor\*)
- Leading of the special course – night diving. In case night dives are not allowed (see country laws), a dive during dusk has to be carried out or simulated.
- Examination of an IDA/CMAS \*\* - training during one dive.
- Participation in a training for body breathing of an instructor\*.
- Security swimmer during a transportation exercise of 3000 meters.
- Rescue skills and rescue management.  
Rescue of a diver who had an accident and support to get at land or on board of the boat.

## Authorisation

### Brevets:

- Discover Scuba dives
- Junior Diver - Flipper 1
- Junior Diver - Flipper 2
- Skin Diver 1
- Skin Diver 2
- IDA Resort-course
- IDA/CMAS basic diving certificate.
- IDA/CMAS Basic.
- IDA/CMAS \*.
- IDA/CMAS \*\*.
- IDA/CMAS \*\*\*.
- IDA/CMAS Apnoe \*

## Special courses

- SC Underwater navigation.
- SC Group leading.
- SC Night diving.
- SC Rescue.
- SC Dry suit diving.
- SC Drift diving.
- SC Wreck diving.
- SC Sea cavern diving.
- SC Medical practice.
- CPR-course
- O<sub>2</sub> -course



## **Chief Instructor\*\*\* (I3)**

### **Premises**

- Minimum age 23.
- IDA-Membership.
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers – validity not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation not exceeding one year.
- Valid IDA instructor\*\*-licence including at least 3 years of active training work as IDA instructor\*\* and also including a course for CMAS\*\* or CMAS\*\*\* on his own responsibility signed by a diving club, diving school or associated organisation (training department) – or sign at least 50 CMAS courses (complete examination) as responsible trainer.
- 2 examinations for all practical training to become CMAS\*\*\*.
- 500 dives and thereof at min. 30 dives within the last 12 months after application and at least 6 dives up to 40 meters.
- A certified participation as assistant (Speaker and “Examiner”) at a course for IDA\* instructor incl. examination in theory and practice (normally part of the instructor\*\* examination) signed by an IDA instructor (at least DI3).
- Participation at a instructor examination of the International Diving Association.
- The official driver licence for sport boats or any equivalent international brevet is strongly recommended.
- Active training work for the International Diving Association which has to last for several years and will be certified by IDA (training department).
- A 14 days training work on a diving base (for non-professional instructors only).

### **Application**

The candidate (instructor\*\*) applies in time for the examination by himself.

### **Examination**

All parts of this examination must be passed in the order theory – practice within 24 months.

The I3 candidate is responsible for an accurate timing and correct planning of the whole instructor examination at place. This in the sense of all organisational, theoretical and practical skills.

The IDA-instructor 3 is a representative of his association. IDA expects from their IDA-instructor 3 during the instructor examination to show a big deal of self-initiative and responsibility also as group leader.

A corresponding behaviour will be expected.



### **Especially**

- Leading and executing an instructor examination under supervision of the examination commission.
- Preparation of daily reports and training reports at place.

Preparation of an accident report in view of the rescue of a diver who had an accident by the I2 candidate.

### **Theory Examination**

If the performance at this theory examination is unsuccessful, there is a mandatory 6 weeks waiting period before attending the next instructor examination\*\*\*. The unsuccessful parts can be repeated during this next examination. In case the written part and one other examination part will not be passed successfully, the whole theory examination must be repeated.

### **Contents**

- Preparation of a total instructor examination special courses at home:
  - Preparation of training sketches for all training of the instructor\* candidates including all relevant aspects regarding diving safety and the whole training development
  - Preparation of a time table and development plan of the whole instructor examination over 6 days with regard to meals and all preparatory and make up works involving the instructor\*\* candidate as safety and assistant diver or swimmer resp.
- Written workout and presentation of a given theme.
- Answering a questionnaire in writing and/or evaluating these written examinations.
- One short report of around 10 – 15 minutes. The candidate may choose between 2 themes which were drawn 30 minutes before and taken from different parts (aiding materials are allowed).
- Report for approx. 45 minutes about any theme of commercial diving examination or training of an assistant instructor.
- Planning of a 40 meters deco-dive incl. complete calculation and containing all safety aspects.
- Oral examination.
- Demonstrating medic first aid skills in case of diving injuries incl. handling of the various O2-systems. The candidate must demonstrate his ability to immediately give a diagnosis and undertake the corresponding medic first aid steps.



### **Practice Examination**

The practice examination will be executed either in the sea or in a lake with a depth of 40 meters. The lake or sea has to be in the area around the diving school/diving base. The candidate is obliged to use a boat where minimum 8 people can find space – the boat has to be officially licensed.

### **Contents of Examination**

Minimum 6 qualified dives within at least 5 following days whereof at least 2 of the 6 dives have to be done from the boat.

### **Specials**

- Safety on board.
- Organisation and leading of an IDA instructor examination.
- Dive and certification of an IDA/CMAS \*\*\*-exercise.
- Observation of a group dive led by an instructor\*-candidate.
- Rescue of an injured person into the boat.
- Making up of an accident report in view of the rescue of an injured person by an instructor\*\*-candidate.

### **Authorisation for examination**

- Equivalent to an IDA-instructor\*\*.
- Training and examination up to an IDA-I\*\*\* following the latest valid IDA examination guidelines.
- Carrying out of organisational tasks.
- Representing IDA on national and international events.



### **Course Director / Instructor\*\*\*\* (I4)**

The title CD is a certain status regulated by contract.

#### **Premises**

- Minimum age 26 years.
- IDA-Membership.
- Presentation of a police document about his criminal record.
- Valid IDA instructor\*\*\*-licence
- Minimum 3 years active training work as IDA instructor\*\*\*.
- Participation at a 3 days leading course at the IDA-academy at minimum.

#### **Appointment**

An instructor\*\*\* who has stand the tests in view of active instructor trainer as well as a member of the examination committee for at least two years, can be proposed to the presidency by the leader of the training department to become a **CD**. He also will be appointed by the presidency.

#### **Tasks**

The tasks of an IDA-Course Director/instructor\*\*\*\* includes all work around the training of divers and instructors on national and international levels. Upon invitation by the IDA instructor training and examination committee, a CD is allowed to participate in IDA instructor's examinations (ITC) and in IDA-crossover-courses as examiner and teacher. Mainly, a CD is an IDA representative.

#### **Validity**

The appointment as IDA-Course Director/Instructor\*\*\*\* is valid unless recalled. This recall will be given on proposal of the association (training department) by the presidency of this said association. The recall of the CD-status does not effect the title of instructor, i.e. he keeps his title as Instructor\*\*\*. The presidency may appoint any course director, if he is qualified, to become **CD h. c. for life**. This title is to be understood as only representative and is not connected with any tasks what so ever.



### **Apnoe-Instructor (Apnoe-instructor)**

#### **Premises**

- Minimum age 18.
- IDA-Membership.
- IDA-instructor licence
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers – validity not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation – validity not exceeding 1 year.
- IDA/CMAS Apnoe \*\*\*.
- SC Rescue.
- CPR-course – validity not exceeding 1 year.
- SC Marine biology.
- SC Apnoe 1 and 2.
- Participation in an instructor examination of the International Diving Association.
- The candidate must have passed the examination of IDA/CMAS Apnoe \*\*\* or must have any equivalent brevet of any other associated organisation at least 1 year before he applies for the instructor examination.
- 150 dives and thereof at min. 30 dives within the last 12 months after application and at least 6 dives deeper than 30 meters.
- A certified participation as assistant (Speaker and “Examiner”) at an IDA-Apnoe\*\*\* course incl. examination in theory and practice signed by an IDA Apnoe instructor.
- Certified examination dives – certified by an IDA-Apnoe-instructor (minimum DI2) as follows:
  - 2 dives as group member of examination dives for IDA/CMAS Apnoe \*\*\*.
  - 2 dives as group leader of examination dives for IDA/CMAS Apnoe \*\*\*, whereby the examination will be scored by an instructor.
  - 1 dive as “Examiner” for IDA/CMAS Apnoe \*\*\*, whereby the examination will afterwards be scored by an instructor Apnoe.
- The candidate is obliged to participate in the following preparatory courses:
  - Diving medicine/diving rescue for instructors
  - Technique for instructors
  - Rhetoric, Methodology, Didactics for instructorsThese courses will be offered by the IDA-academy several times per year. Courses offered by other organisations which are of same content will also be accepted.
- All preparatory examination dives have to be certified and a confirmation has to be shown before any examination.
- The official driver licence for sport boats or any equivalent international brevet is strongly recommended.



### **Application**

An IDA instructor will apply on behalf of the candidate.  
The IDA instructor shall feel free to check up on the assistant instructor.

### **Examination**

All parts of this examination must be passed in the order theory – practice within 24 months in case there are different days set up for the examinations.

### **Theory Examination**

If the performance at this theory examination is unsuccessful, there is a mandatory 6 weeks waiting period before attending the next instructor examination. The unsuccessful parts can be repeated during this next examination or upon request with the Apnoe commission. In case the written part and one other examination part will not be passed successfully, the whole theory examination must be repeated.

### **Contents**

Following the IDA examination guidelines:

- Answering a questionnaire in writing.
- One short report of around 10 – 15 minutes about a before given theme. The themes will be announced together with the total announcement. The candidate may choose between 2 themes.
- Demonstrating medic first aid skills in case of diving injuries. The candidate must demonstrate his ability to immediately give a diagnosis and undertake the corresponding medic first aid steps.

### **Special guidelines**

The IDA-instructors must only complete an additional questionnaire. The short report is not necessary.

### **Practice Examination**

The practice examination will be carried out in the sea. Repeating of single training parts is only allowed in case the IDA-Apnoe-commission agrees to it.

### **Examination Committee**

The examination committee will be called up by the IDA-Apnoe-commission and consists of at least 2 IDA-Apnoe-instructors examiners of which at least 1 is an instructor\*\*\*\*.



### **Examination Contents**

Training near to practice and on the level of an IDA/CMAS Apnoe \*\*\* in 2 steps (preparation incl. training of safety tasks and tests incl. scoring) following the IDA examination guidelines being:

- Apnoe diving in combination with long distance diving.
- Apnoe diving with additional tasks (handling of buoy and ropes etc.).
- Rescue training (transportation of an Apnoe diver from 15 meters depth up to the water surface, 50 meters at the water surface and on board incl. following demonstration of medic first aid steps on board).
- Apnoe group dive with before given task.
- Securing an Apnoe diver during his training for IDA/CMAS Apnoe \*\*\*.
- Organisation of Apnoe diving either from a ship or a boat.
- The contents of all examinations will be given in time before the practice examination will start by the examination committee.

### **Authorisation for examination**

Brevets:

- IDA/CMAS Apnoe \*
- IDA/CMAS Apnoe \*\*
- IDA/CMAS Apnoe \*\*\*
- 
- Special Courses:
- SC Apnoe 1
- SC Apnoe 2

### **Validity**

4 years (according to the IDA-instructor licence).

### **Prolongation**

The licence will automatically be prolonged according to the IDA instructor licence.



## **IDA-Apnoe Instructor Examiner (Apnoe-IE)**

### **Premises**

- Minimum age 23.
- Valid IDA-Apnoe-instructor licence.
- Valid IDA-instructor\*\*\*-licence
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers - validity not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation – validity not exceeding 1 year.

### **Appointment**

IDA-Apnoe-instructor examiner will be appointed upon request by the IDA Apnoe commission to become an IDA Apnoe-instructor examiner, if they passed all necessary examinations. This request has to be in writing and addressed by the candidate to the IDA-Apnoe commission.

### **Tasks**

The tasks of an IDA-Apnoe-instructor examiner includes all work around the training of Apnoe divers and Apnoe instructors on national and international levels.

### **Validity**

4 years (according to the IDA-instructor licence).

### **Prolongation**

The licence will automatically be prolonged according to the IDA instructor licence.



## **Nitrox-Instructor (Nitrox-I)**

### **Premises**

- Minimum age 18.
- IDA-instructor\* - licence
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers – validity not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation – validity not exceeding 1 year.
- IDA/CMAS Nitrox \*\*

### **Application**

The instructor\* will apply for this examination on his own.

### **Examination**

All parts of this examination must be passed in the order theory – practice within 24 months in case there are different days set up for the examinations.

### **Examination Committee**

The examination committee will be called up by the IDA-Nitrox-commission and consists of at least 2 IDA-Nitrox-instructors examiners of which at least 1 is an instructor\*\*\*\*.

### **Theory Examination**

If the performance at this theory examination is unsuccessful, there is a mandatory 6 weeks waiting period before attending the next instructor examination. The unsuccessful parts can be repeated during this next examination or upon request with the Nitrox commission. In case the written part and one other examination part will not be passed successfully, the whole theory examination must be repeated.

### **Contents**

Following the IDA examination guidelines:

- Answering a questionnaire in writing.

### **Practice Examination**

The practice examination will be carried out in the sea or in a lake. Repeating of single training parts is only allowed in case the IDA-Nitrox-commission agrees to it.



### **Examination Committee**

The examination committee will be called up by the IDA-Apnoe-commission and consists of at least 2 IDA-Apnoe-instructors examiners of which at least 1 is an instructor\*\*\*\*.

### **Examination Contents**

Training near to practice and on the level of an IDA/CMAS Nitrox \*\* following the IDA examination guidelines being:

- Organisation and leading of dives containing different training.
- Configuration and management of equipment
- Gas management
- Training of IDA/CMAS Nitrox \*\*
- Fitness training

The contents of all examinations will be given in time before the practice examination will start by the examination committee.

Authorisation for examination

- IDA/CMAS Nitrox \*
- IDA/CMAS Nitrox \*\*

### **Validity**

4 years (according to the IDA-instructor licence).

### **Prolongation**

The licence will automatically be prolonged according to the IDA instructor licence.



## **Nitrox-Instructor Examiner (Nitrox-IE)**

### **Premises**

- Minimum age 23.
- Valid IDA-Nitrox-instructor licence.
- Valid IDA-instructor\*\*\*-licence
- Presentation of a police document about his criminal record.
- Valid medical fitness certificate for sport divers - validity not exceeding 6 months.
- Training certificate about medic first aid course incl. cardiopulmonary resuscitation – validity not exceeding 1 year.

### **Appointment**

CMAS Germany -Apnoe-instructor examiner will be appointed upon request by the IDA Nitrox commission to become an IDA Nitrox-instructor examiner, if they passed all necessary examinations. This request has to be in writing and addressed by the candidate to the IDA-Nitrox commission.

### **Tasks**

The tasks of an IDA-Nitrox-instructor examiner includes all work around the training of Nitrox divers and Nitrox instructors on national and international levels.

### **Validity**

4 years (according to the IDA-instructor licence).

### **Prolongation**

The licence will automatically be prolonged according to the IDA instructor licence.